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**SHEEN LOSES SONS  
ESTRANGED WIFE  
CLAIMS ACTOR  
THREATENED HER** {page 21}



**GALLIANO  
FACES TRIAL  
FOR RACIST  
OUTBURST**

{page 10}



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News worth sharing.

# Henday end on its final leg

- Final road leg 'key to the province's world-class transportation network': Minister
- 27-km six- to eight-lane ring highway to start in 2012 and come full circle by 2016

HEATHER MCINTYRE/METRO



► Construction continues on Anthony Henday overpasses near Manning Drive in north Edmonton. The next leg of the ring road will connect Manning Drive to the eastern section of Whitemud Drive.

The final stretch of the city's ring road is about to hit the accelerator, Premier Ed Stelmach announced yesterday.

The provincial government has greenlit the northeast section of Anthony Henday Drive, a road that the premier said has been long and winding.

"The vision of the Edmonton ring road began more than 40 years ago," said Stelmach. "We committed to finishing this very important piece of highway."

The project is a public-private partnership (P3), the fifth for the province, including previous legs of Anthony Henday Drive and Stoney Trail in Calgary.

Next up is a Request for Qualifications (RFQ) of potential partners, then bids to choose a contractor to take on design, financing, construction and operations for 30 years.

The link will include eight interchanges, nine flyovers, 47 bridges and

two river structures and environmental approvals, the latter of which Heather Kaszuba, spokesperson for Alberta Transportation, said are "already in the works."

"This final leg of the Edmonton ring road will be Alberta's single largest construction project to date," lauded Luke Ouellette, Alberta's minister of Transportation, adding it will bring with it thousands of jobs.

● SHELLEY WILLIAMSON

Relief effort

## Canadian ship heads to Libya

► Over 240 Canadian sailors are aboard the HMCS Charlottetown  
► Mission may include evacuating Canadians, humanitarian aid {page 8}

## Of mice and munching at U of A

Tory Building students warned to clean up their snacks before the mice do {page 6}

## Steve Jobs emerges ...briefly

Although on medical leave, Apple CEO 'just didn't want to miss' launch of iPad 2 {page 12}

## Downtown Dining Week

Ten days of restaurant treats start this weekend {page 19}

## Milan fashion ends with an 'I'

Ferretti, Gucci, Fendi, Brioni, and some D&G too {page 24}

# THE PANTS COLLECTION



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Tick. Tock



► A trailer with the "debt clock" inside sits in front of city hall yesterday, counting in real time the growth of the federal government's debt.

SHELLEY WILLIAMSON/FOR METRO

Time is money in clock's journey from coast to coast

The clock – which is 3.6-metres long by 1.65-metres high, weighing in at over 135 kilograms – was in Edmonton as part of its Canadian tour. The Canadian Taxpayers Federation's trek with the counter, which adds \$5 million an hour, began at Mile 0 on the Trans-Canada Highway in Victoria and wraps up in Halifax.

# Sherman won't prove statements

- Political scientist Keith Brownsey says Sherman's actions suggest dangerous political demagoguery
- Former health minister Ron Liepert called a rude bully-boy who demoralized frontline health staff

A politician who made sweeping allegations of corruption in the province's health system says he's not willing to back up the statements with proof.

Independent Raj Sherman told reporters and members in the legislature that the fault lies not with him, but with Premier Ed Stelmach's government.

"If the government continues to refuse to provide

complete immunity (from punishment or retribution), then I am not at liberty to provide this information," Sherman said yesterday.

"My inquiries came after I received reliable information from a credible medical source."

Health Minister Gene Zwozdesky said the protection that Sherman seeks exists. The minister said all health employees sign

agreements that guarantee them the right to protection from retribution for any disclosures.

Sherman, an emergency room doctor and former junior health minister for the governing Tories, ignited the controversy on Monday. He stood in the house and accused Edmonton health officials of covering up the deaths of 250 patients who had been on a waiting list for lung can-

cer surgery. He claimed doctors who wanted to speak out about it were either punished or paid off

**"When you become aware of an issue specific to the safety of Albertans, it's your duty to raise the question."**

RAJ SHERMAN

with millions of taxpayer dollars to keep quiet. He also alleged health officials then committed fraud by keeping two sets of financial books to cover up the hush money.

While still speaking in the house, Sherman named Dr. Trevor Theman, registrar of the College of Physicians and Surgeons, as being part of the cover up.

THE CANADIAN PRESS

1  
news

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On the web:

**The countdown to a spring election may begin when the federal budget comes down on March 22. Video at [metronews.ca](http://metronews.ca).**

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# Parking whiteout?

► New city snow policy may stop you from leaving your vehicle on street in front of your home



HEATHER  
MCINTYRE  
METRO EDMONTON

Residents may need to steer away from street parking in front of their homes next winter.

The city is looking at a

## Winter's cost

► The report also recommends a review by independent experts in the industry — something Coun. Kerry Diotte brought forward last month.

► Edmonton budgeted \$44.4 million for snow removal last year and \$42.8 million this year. In January alone, \$24 million was spent — twice the amount spent in January, 2010.

seasonal parking ban on all residential bus routes from November through March, as well as an overnight parking ban on all residential roads that can be declared with only 24 hours notice.

"There are a lot of challenges in the city to do that," acknowledged transportation boss Bob Boutilier. "What we're doing ... is looking at a bylaw that would allow us to enact that."

The overnight ban would be declared only in the event of more than 30 centimetres of snow, which is classified as a severe storm.

The new report, heading for the transportation and public works committee next week, also asks for more equipment — to



► Parking in front of your home may become a thing of the past if city council approves a new snow policy.

the tune of \$8.4 million.

City staff are asking for 20 plow trucks or sanders, two loaders and five blower units.

"In the past I've sup-

ported the grader retainer," said Coun. Kim Krushell, referring to the \$6 million to have private graders on standby for city work that was done away

with last year.

"I think the fact we only have 20 graders puts us in a risk situation."

Boutilier said the city needs to be more aware of

what the weather may bring, and that snow removal will now be more of a factor when it comes to designing new neighbourhoods.

# on the hou\$e

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## News in brief



► Michael Allan Struthers

## Inmate free, police warn

**WATCH OUT.** Edmonton police are warning the public about a man they say is an untreated violent offender who poses a risk of significant harm.

Michael Allan Struthers, 30, was released Monday.

According to police, he served more than three years for robbery, assault causing bodily harm, possession of a weapon and possession of stolen property over \$5,000.

Struthers is 6 feet 2, 170 lbs, with brown hair, blue eyes and glasses.

● METRO

## Unfit for trial in death case

**ACCUSED.** Terrence Wade Saddleback, the 25-year-old charged in the death of mental health worker Valerie Diane Wolski, is not fit to stand trial.

Yesterday, Camrose police met with the Crown to determine what will happen next in the case.

Saddleback is described as having limited mental capacity.

When he was first taken into custody it was questioned if charges would even be laid.

● METRO

## Woman faces robbery counts

**ARRESTED.** EPS and Leduc RCMP have arrested 48-year-old Laurie Bell for an alleged robbery spree at convenience, liquor and adult novelty stores in Millwoods, Nisku, Beaumont, and Leduc.

Bell was arrested on Dec. 21, 2010 for parole violation.

A search of her vehicle showed evidence of identity theft.

Bell faces a number of charges, including six counts of robbery.

She is scheduled to appear in court on March 17.

● METRO

## Enough already: Mandel's fed up with arena debate

Mayor Stephen Mandel has had enough with the downtown arena debate.

"I think we're going around in too many circles," he said yesterday.

Council concerns include the future of Rexall Place, the impact on downtown, and who will pay if the community revitalization levy comes up short.

It won't be the federal government, despite requests.

"We don't believe ... that this is the correct use of taxpayers' dollars at this time," MP Rona Ambrose said yesterday.

"There is not an option of fixing Rexall," said Mandel. "Either we build an arena or we become a second-class city."

● HEATHER MCINTYRE

# 6

A more detailed report is due back at city council on April 6.



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# Rodents overrun U of A building

- ▶ Tory Building students, staff told to keep snacks at home, clean desks
- ▶ Baiting stations added to lower floors to reduce mouse infestation

Earth and Atmospheric Science grad student Alexandra Der found herself closer to nature than she liked last fall.

"I had been not going to my office for a couple of weeks and my officemates started complaining it had been smelling pretty bad," said Der.

"Turns out there was a

**30 feet is usually the farthest mice will travel from dens without food.**

dead mouse — under my desk."

Der shares a third-floor office in the University of Alberta's Henry Marshall Tory Building, where memos have become fairly regular since she and her fellow students have reported the pitter-patter of unwelcome feet as they work.

"We have been getting emails not to leave food in our desks, but we never do," said Der.

"I did know (mice) were running around, but this is

the first I had heard of a dead one."

Ray Dumouchel, the University of Alberta's associate director of building and grounds service, has said this year's is the worst infestation he's seen on campus.

But the experts say it's because even mice are miffed by the weather, which may be what has them scurrying indoors.

"It's warm, then cold; warm then cold. They are confused," said Cathy

McLean of Ernst Fumigators.

McLean says nowhere is immune to mice, especially those buildings with lots of ways in.

She advises stuffing small holes with steel wool and ensuring other access points, like door sweeps, are sealed as tightly as possible.

Der said she hasn't seen any other evidence of little friends, but she is still a little skittish.

● SHELLEY WILLIAMSON



▶ Grad student Alexandra Der was shocked when a dead mouse surfaced under her desk in the university's Tory Building a few months ago.

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## News in brief



## Gadhafi foes fight off attack

**BREGA.** Opponents of Moammar Gadhafi repelled an attack by the Libyan leader's forces trying to retake a key coastal oil installation yesterday. The assault was the first major regime counteroffensive against the opposition-held eastern half of Libya. **THE ASSOCIATED PRESS**

## Venezuela calls for talks

**CARACAS.** Venezuela's top diplomat called yesterday for the creation of a bloc

of friendly countries to help resolve the conflict in Libya, saying diplomacy should be used to end the violence sweeping the North African nation.

Foreign Minister Nicolas Maduro criticized U.S. and European Union officials for adopting policies aimed at isolating Moammar Gadhafi and raising the possibility of providing military support to Libyans rebelling against the embattled leader.

**THE ASSOCIATED PRESS**

## Scholarships in peril?

**REGINA.** The president of the University of Regina fears hundreds of Libyan university students in Canada could soon run out of money if federal sanctions against their strife-torn country freeze their scholarships.

The sanctions are being imposed by Ottawa to help push Libyan leader Moammar Gadhafi from power.

Vianne Timmons says there are currently 520 Libyan students in Canada. **THE CANADIAN PRESS**

# Canadians set sail for Libyan coast

▶ HMCS Charlottetown pulls out of Halifax shortly after 11 a.m. yesterday ▶ Trip will take about six days



**JENNIFER TAPLIN**  
@METRONEWS.CA

Leading Seaman Joseph Quigley held his baby daughter closely yesterday morning, committing everything about her to memory.

"She's six months now and she could be a year when I get back, and that's a huge difference," he said.

It was short notice for the 240-plus sailors on board the HMCS Charlottetown. They were put on standby over the weekend, and then on Tuesday Prime Minister Stephen Harper committed the ship to sail to Libya.

It's not exactly clear what they'll do when they get there, but their mis-



▶ Leading Seaman Pierre Gagnon holds his eight-month-old daughter Jaelynn on the deck of HMCS Charlottetown.

sion may include evacuating Canadian citizens, providing humanitarian aid and enforcing UN sanctions.

"It could be six months, two months or three weeks — who knows? We could get halfway across

and they might say come back," Quigley said, adding that he's excited about the mission.

It was even shorter notice for Master Seaman Dan Sinnott. The sonar operator wasn't even assigned until Tuesday.

## Ready for action

Whatever happens off the coast of Libya, HMCS Charlottetown will be ready.

- ▶ **Evacuating Canadians**  
The ship will likely pull alongside the North African country instead of docking if it needs to evacuate Canadian citizens.
- ▶ **Plenty of space**  
According to Rear Admiral David Gardam, commander of Maritime Forces Atlantic, up to 200 civilians can fit on the ship. "It may be crowded, but they'd be happy," he said.
- ▶ **A long journey**  
The ship's commanding officer, Craig Skjerpen, said it will take at least six days to get to the coast of Libya. It will join British and American ships already in the Mediterranean.

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# Man gets life sentence for killing wife

► Halifax man pleads guilty to second-degree murder in death of his wife and popular schoolteacher, Paula Gallant

RYAN TAPLIN/METRO



► Jason MacRae is escorted from a courtroom at Halifax provincial court in this file photo from last year.

A packed courtroom sat in silence as the gruesome details of Paula Gallant's murder were told publicly for the first time yesterday.

Jason MacRae, 37, was to appear at Nova Scotia Supreme Court in Halifax to set a date for trial on a charge of first-degree murder in his wife's death, but instead pleaded guilty to the lesser offence of second-degree murder.

"The fact that Mr. MacRae maintained his guise of innocence for almost five years tells this court that he does lack, to some degree, a conscience," Justice Kevin Coady said in rendering the automatic life sentence.

The statement of fact read into court said police got a break in the case after MacRae confessed in detail how he killed his wife to an undercover RCMP officer posing as a member of a crime syndicate. The two met in 2009.



► Paula Gallant

On the afternoon of Dec. 27, 2005, MacRae and his wife were arguing over several "minor issues" inside their Timberlea home, including a \$700 gambling debt he incurred, the court heard.

Gallant was later on the computer when MacRae struck her with a two-by-four in the back of the head. With both hands he then strangled her and wrapped plastic wrap around her head.

MacRae remembers hearing his daughter crying on the baby monitor as he murdered his wife.

After going upstairs to

**"The fact that Mr. MacRae maintained his guise of innocence for almost five years tells this court that he does lack, to some degree, a conscience."**

JUSTICE KEVIN COADY

feed her, MacRae left the one-year-old in the high-chair as he shoved Gallant's body through a basement window and into the trunk of her Chevrolet Cavalier. He then drove and left the car at the school where she taught Grade 3.

Coady said MacRae was unable to control his anger in the face of normal and usual dialogue.

"It is he who has failed," Coady proclaimed.

● KRISTIE PEARCE

## HEAD HUNG IN COURT

Jason MacRae sat silently as he listened to 11 family members and friends of Paula Gallant struggle through tears as they described the pain he had brought them.

"I've never been a violent person," MacRae would later say in a statement to the court. "I don't

know what changed in me that day."

MacRae hung his head throughout most of yesterday's proceedings, avoiding the glares of Gallant's loved ones as they spoke during victim impact statements on the stand.

As Justice Kevin Coady

read him his sentence, MacRae — who for years denied any involvement in his wife's murder — showed no reaction.

"I will regret this for the rest of my life," said MacRae, dressed in a black suit. "I'm truly sorry."

● KRISTIE PEARCE



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# Fashion icon faces fine, time

► Galliano's drunken comments praise Hitler ► Designer seeks help

After five days of scandal, Paris prosecutors ordered famed fashion designer John Galliano to stand trial in the coming months over alleged racial insults.

The trial could take place between April and June, and Galliano could face up to six months in

prison and more than \$30,000 US in fines if he is convicted, the prosecutors' office said in a statement.

Video of an inebriated Galliano praising Hitler and the subsequent firing of one of the industry's leading lights have sent

shock waves through Paris Fashion Week, which began on Tuesday. Galliano broke his silence on the issue yesterday.

"Anti-Semitism and racism have no part in our society. I unreservedly apologize for my behav-

iour in causing any offence," he said in a statement.

The prosecutors said he will face allegations of "public insults based on the origin, religious affiliation, race or ethnicity" against three people.

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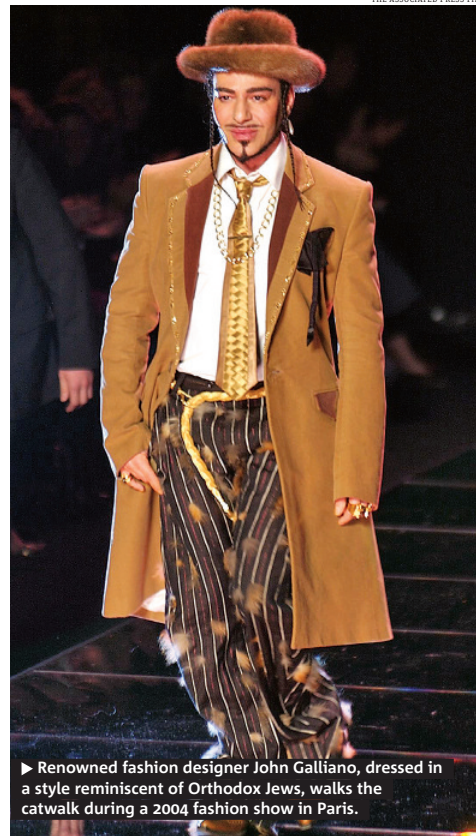
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THE ASSOCIATED PRESS FILE



► Renowned fashion designer John Galliano, dressed in a style reminiscent of Orthodox Jews, walks the catwalk during a 2004 fashion show in Paris.

## Shanghai law aims to curb dog population

**140K** Police said there were 140,000 reports last year of people being attacked by unlicensed dogs.

Much as China has a one-child policy to control the population, Shanghai has passed a law to introduce a one-dog policy in order to regulate the number of pet dogs. The new law will come into force on May 15. Under the new rules, residents in downtown areas and newly built suburbs of Shanghai are permitted to have only one dog per household. Those

currently owning two or more licensed dogs will be allowed to keep them.

Anyone who breaks the dog law will face a fine of \$30 to \$152, or have the dog taken away.

According to a report by China's People's Daily, by the end of 2010 Shanghai had more than 140,000 licensed pet dogs, with an estimated 600,000 unlicensed ones.

● METRO WORLD NEWS

## Mystery of how loyal dog died is solved

Scientists have settled a decades-old mystery by naming a cause of death for Japan's most famous dog, Hachiko.

They say Hachiko died of cancer and worms, not because he swallowed a chicken skewer that ruptured his stomach — as legend had it.

For years, Hachiko used to wait at Shibuya train station for its master, a professor at the University

of Tokyo. Even after the professor died, the dog went to the station to wait for his master every afternoon for a decade until he finally died.

Tokyo residents were so moved that they built a statue of Hachiko at the station, which remains a popular rendezvous spot for Japanese today. He was also the hero of Japanese children's books.

Hachiko was considered such a model of devotion that his organs were preserved when he died in 1935.

Rumour had it that Hachiko died after wolfing down a skewer of grilled chicken.

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# FINDING FAMILY AFTER FLYING THE COOP

He says ...

**JOHN MAZEROLLE**



I've often said my parents have given me the strength and confidence to disappoint them at every turn.

**M**y mother and father — by bringing me to church and being true to their home city — gave me the stability I needed to reject God and get the hell out of town. That might sound inharmonious, but it actually helped me learn tolerance toward people who are different. I never had to learn to embrace people of different cultures — they were making my breakfast in the kitchen and calling me “dear.”

And I loved them long before I

realized I had the option not to.

My siblings took a similar route. My parents used the classic template — hardworking dad, stay-at-home mom — and produced a writer in Toronto, a painter in Halifax, and a permanent student in Edmonton. Sometimes it seems like the only thing the two generations have in common is the debt load.

It's a diverse brood, for sure. There's my brother Andrew, who is possibly the most effortlessly nice person on the planet. He makes Elmo look like Dick Cheney.

There's my sister Erica, the most book-smart of the four in my estimation, though she's

probably the least world-smart since she's decided to live in Edmonton.

And there's me: divorcé and atheist extraordinaire.

**“The cost of a successful family in a country this large is the price of a divorce in others ...”**

The exception that proves the rule is my brother Jeff, who has made up for his three childless, nomadic siblings by being an electrician who stayed in the same town and who has alone (though I

understand his wife helped) given my parents five grandchildren.

Every time the other siblings see him we all breathe a big, “thank you” under our breath for taking the pressure off.

I've been thinking about family a lot lately because it's

become clear to me that I might never see them again.

Before you start checking my apartment for bad poetry, what I mean is the chances of me and my other family members seeing each other at the same time, as a unit, seems slim to nil.

The cost of a successful family in a country this large is the price of a divorce in others — you part ways and promise you'll see each other if you're ever back this way.

I have to make a reunion happen. They'll want to go to church or something, but I'm going to convince them to come to an atheists' meeting.

Mom says I can do anything I set my mind to.



Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

Cartoon



## In Conservative coffers

### Letters and Tweets

Prime Minister Stephen Harper says he respects the way Elections Canada interprets campaign financing law, but says his Conservative party had a difference of opinion during the 2006 election campaign.

Harper is fending off charges laid against four of his top party officials over the so-called in-and-out financing scheme that Elections Canada alleges allowed the Conservatives to exceed their 2006 campaign spending limit by more than \$1 million.

The Federal Court of Appeal this week overturned an earlier civil suit victory by the Conservatives,

prompting a raucous afternoon in the House of Commons.

THE CANADIAN PRESS

Elections Canada alleges that 67 Conservative candidates, including three current cabinet ministers, submitted false statements to Elections Canada.

Now, four party offi-

cials have been charged for falsifying returns.

The appropriate legal remedy for violating the Elections Act is that they be barred from parliament.

Those candidates who are themselves also members of the legal profession should be disbarred.

EUGENE PARKS  
VICTORIA, B.C.

**Do you really care about the royal wedding?**

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Metro has the right to edit letters and submissions.

### 2006 election expenses



PAUL CHIASSON/THE CANADIAN PRESS

## Metro Minute with Science and Cinema

Science and Cinema will be showing the award-winning Temple Grandin at the Metro Cinema (9828-101A Ave., Zeidler Hall, Main Floor, Citadel Theatre) this Thursday.

Temple Grandin is the true story of a young woman with autism (played by Claire Danes) who later became a respected inventor and helped to revolutionize the cattle industry

through design and research.

After the movie, Dr. Sandra Hodgetts, post-doctoral fellow from the Autism Research Centre at the University of Alberta, will discuss the latest in autism research.

The event begins at 6:30 p.m. and will end at 9:30 p.m. Admission is free and so is the popcorn.

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► Watch the movie Temple Grandin and stay to hear the latest research about autism.

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• [edmonton\\_distribution@metronews.ca](mailto:edmonton_distribution@metronews.ca)

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## CAN YOU SPOT THE BEST?

You're a consumer, introduced to hundreds of new products every year. Some are good, some aren't, but they all claim to be the best. One's even telling the truth! But which one? And how much will you spend to find out?

How about nothing at all? When you spot The Best New Product Awards logo on something you're about to buy, the quality's guaranteed. 36,500 of your fellow consumers can't be wrong.

The Best New Products Awards is an annual program focused on three categories of everyday consumer packaged products: Food, Health and

Beauty, and Household. Winners in each category are determined by the votes of real Canadian consumers—men and women of various ages and backgrounds, drawn from across the country. They score each product based on its general appeal and their willingness to buy it again, just like you would.

Winners in each category earn the right to bear a 'Best New Product' logo on their packaging. The logo guarantees that the product has proven its worth—not just to Canadians like you, but to many others, younger and older, in different parts of Canada, perhaps even speaking a different language.

It's a product that meets a common need.

If you wish more products were like that, The Best New Product Awards can help there, too. In addition to voting for products, surveyed consumers answer many questions regarding their media habits, purchasing behaviours, interests, attitudes, and more. The results help marketers better understand consumers' wants and needs, and helps participating companies introduce products that better meet them. Not a bad deal—for the marketers, the manufacturers, and for consumers like you.

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**CANADIANS  
CONTINUE  
TO LOOK  
TO SAVE  
MONEY AND  
SPEND LESS**

What do consumers want? Why do they want it? What will they buy to get it? These questions keep Canadian marketers up at night, but the Best New Product Awards makes their jobs a lot easier.

The Best New Product Awards honour the top consumer products introduced in the last year, with winners in all three categories determined by the votes of Canadian consumers. The Awards program also asks participants to answer questions about their media habits, purchasing behaviours, interests, and attitudes. For marketers, it's a chance to learn what consumers value most. Here are some of the trends they've uncovered:

A slight majority of Canadians surveyed felt the country was still in recession. "Canadians continue to look to save money," says Robert Levy, President & CEO, Best New Product Awards. "Even so, 72 per

cent still like trying new products. Finding new ones that deliver is more important than ever."

This was most evident in the Food & Beverage category, where consumers try to bolster their savings and their health at the same time. Some 30 per cent planned to spend less on groceries in the next 12 months, with more than three in four paying more attention to food labels and trying to eat healthier snacks. A majority believed it important that a new food or beverage product be made from all-natural ingredients (though they aren't purchasing them in greater numbers), and a large percentage seemed focused on home-cooking—68 per cent agreed they enjoyed

cooking for themselves and their families.

"Claims of 'low sodium,' 'zero trans fat,' 'all-natural,' and 'preservative-free' continue to resonate," says Levy. "Interestingly, consumers consider organics somewhat more important within



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# CT AWARD WINNERS

## NEW PRIORITIES

the Health & Beauty and Household categories than within Food & Beverage. This reflects a concern with the chemicals these products might contain."

Concern for environmental issues remains high. Some 84 per cent of consumers were

willing to buy reusable bags to reduce the amount of plastic in the environment, though this number is down three per cent from 2010. Another large majority, 83 per cent, felt companies were exploiting environmentally friendly claims for marketing purposes, while 87 per cent still believed manufacturers had a long way to go to reduce their amounts of packaging.

With these concerns in mind, here are the top "purchase drivers" in the three categories, as voted upon by Canadians like you:

### ✓ FOOD & BEVERAGE

When considering a food purchase, consumers were most often convinced by the

product they believed tasted best. Freshness came next. Price was third; healthiness, fourth.

### ✓ HEALTH & BEAUTY

Price was the top deciding factor for those considering a health or beauty product purchase, followed by simplicity of use, and proven effectiveness. These factors mattered more than a trusted brand (fourth) or 'gentleness' (fifth).

### ✓ HOUSEHOLD

Consumers were most likely to buy a household product if they believed it was 'effective.' 'Cleans thoroughly' was the second-strongest purchase driver, followed by 'delivers as promised'; then 'is well priced'; and finally, 'works the first time.'

For a complete list of The Best New Product Awards winning products, visit [www.bestnewproductawards.biz](http://www.bestnewproductawards.biz)



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Voted by Consumers

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METRO CUSTOM PUBLISHING

STICK WITH THE BRAND NAMES WE KNOW BEST

## GO WITH WHAT YOU KNOW

The world seems to be changing faster than ever. Maybe it's no surprise then that we're sticking with the brand names we know best. Those trusted names are responsible for some of today's top-selling new consumer products.

This was just one of the interesting findings from this year's Best New Product Awards, an annual program focused on everyday items Canadian consumers buy. Consumers not only vote for winning products, they also answer many questions regarding their media habits, purchasing behaviours, interests, and attitudes—giving us insight into current purchasing trends. One of those trends is trust.

"Brand trust depends on

consistent satisfactory performance of a brand's products, but the brands ranked as 'most trusted' also benefit from family tradition," says Robert Levy, President & CEO, Best New Product Awards. "Consumer responses revealed the huge influence of mothers in establishing their children's brand preferences."

The top five trusted brands in the Food category would be familiar to any child: Kraft, President's Choice, Campbell's, Kellogg's, and Heinz. The Household category is much the same, led by Mr. Clean, Lysol, Hertel, Vim, and Tide.

Respondents were cagier when it came to the most trusted Health & Beauty brands—names like Tylenol,

Jamieson, and Life Brand for health products; Olay, Dove, and Cover Girl for beauty products. Only four in 10 believed private label beauty products were as good as brand name, as opposed to the almost six in 10 who believed this for food, household and over-the-counter health care products.

With the endorsement of thousands of voting shoppers, trust won't be a problem for The Best New Product Awards top winners. They are: Europe's Best Antioxidant Fruit Blend (Best in Show; Best in Food & Beverage category); Trojan Fire & Ice Condoms (Best in Health & Beauty Category); and Arm & Hammer Double Duty Cat Litter (Best in Household Care Category).



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No purchase necessary. 1 winner in each city; Grand prize is valued at \$500 including a Best New Products gift pack and Rexall Gift Card. Contest closes Sunday, April 3rd, 2011. For complete contest details, rules and regulations visit [metronews.ca/best](http://metronews.ca/best)



# 10 days of fine downtown fare

► Edmonton's Downtown Dining Week has 32 restaurants offering some of the city's best in fine dining ► Get your taste buds ready for deliciousness

## BACKSTAGE PASS

JENNIFER LARAWAY  
EDMONTON@METRONEWS.CA



For those Edmontonians in the know, this city is renowned for some of its culinary delights.

For the next 10 days, 32 restaurants are showcasing their savoury delights at the eighth annual Downtown Dining Week. Featuring customized "urban chic menus" specially designed for this highly anticipated event, Downtown Dining Week does not disappoint.

With some of Edmonton's finest restaurants participating, there is ample choice to please any self-proclaimed food critic. Plus, for the next 10 days only, these hip and happening places also feature discounted pricing on some of their menu features.

Plan a perfect date night or spontaneous outing with friends or colleagues. Some of the participating restaurants are even featuring lunch menus. So, even if you take off to the suburbs every night you can still take part in the food fest.

Put on by the Downtown Business Association, Downtown Dining Week covers a variety of palette temptations and price ranges. Sample everything from appetizers, entrees, and desserts from \$15 to \$50 per person. Now is the time to try that new restaurant you've been drooling



► Now is the time to indulge in some fine dining during Downtown Dining Week.

over, or indulge in some of your tried-and-true favourites. Some featured stops on this restaurant tour include Khazana, Hardware Grill, Niche Restaurant and The Copper Pot.

If the menus aren't enough to get you to brave this cold snap, you may be a little crazy not to take advantage of this deal. But in all seriousness there are some great prizes up for grabs too. Every time you dine out, you have a chance to win, including the grand prize — dinner for four at

Sabor Divino with a Wine Tasting from deVine Wines and Spirits. For up-to-the minute updates and a full list of participating restaurants, menus and price lists, check out [edmonton-downtown.com](http://edmonton-downtown.com).

Each week Metro gives you a heads-up on some of the hottest tickets and biggest event personalities this city has to offer. Join the conversation on Twitter with @mediamindjen or tell us about your upcoming event by emailing [entertainment@edmonton.com](mailto:entertainment@edmonton.com) or [metronews.ca](http://metronews.ca).

## Dining out

- **When** Downtown Dining Week takes place from Friday to March 13.
- **Romance** The Creperie is on the dining week circuit and has been voted Edmonton's most romantic restaurant more times than you can shake a fork at.
- **Cheesecake** Have a hard core sweet tooth? Satisfy your cheesecake cravings at Lazia Restaurant.

## It's just like riding a bike ... no, really

Ding ding! Believe it or not, despite all the snow on the ground, biking is on the minds of many Edmontonians this week — just not in the way you think.

In celebration of the 30th anniversary of Edmonton Bike Commuters and Bikeology Festival's 10th year around the block, biking enthusiasts are putting on the first Bike Art Auction.

That's a lot of milestones to keep track of. Basically, if you have a love for all things biking, this is your opportunity to meet like-minded people in the community while supporting the efforts of the Edmonton Bicycle Commuters' Society.

Admission is a suggested donation of \$10 and details are available on the Facebook page Bike Art Auction & Anniversary Party. ► JENNIFER LARAWAY

## Bring out your inner artist

Who knew art could be such a good time? This Saturday the Alberta Art Gallery is featuring a late night art soiree with interactive projects and performances.

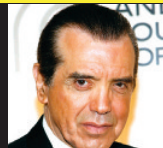
Some of Alberta's most in-demand performers are converging on Edmonton for this one-night-only affair. Check out Rhythm Speaks, an Edmonton-based dance crew that blends traditional pow-wow dance moves with b-boying/b-girling hip hop infusions.

Want to get in on the action? Stop by the interactive installation called Shapeshift, where guests can make their mark on this evolving piece of art. Tickets range from \$20 to \$25 and are available through the Alberta Art Gallery. ► JENNIFER LARAWAY

# 2

scene

## Scene in brief



Actor Chazz Palminteri is bringing a taste of the Bronx to Baltimore. The actor, known for roles in *The Usual Suspects* and *A Bronx Tale*, says he decided to open a restaurant in Baltimore because that's where his search for the perfect Italian meal ended. Palminteri says he was so impressed with a meal he had at Aldo's Ristorante Italiano in 2009 that he went back 10 times and eventually decided to open a place with the founder and his son.

THE ASSOCIATED PRESS

# Witchcraft puts book on top

A Discovery of Witches reached the hardcover best-seller list before it even hit bookstores. How? Well, it wasn't witchcraft. Author and history professor Deborah Harkness explains how the buzz to be able to nail that achievement was developed (hint: nerds help).

## How did the huge buzz around your book start?

I think it started with an appearance I made at Comic Con in October, where they handed out some advance copies and buttons. And closer to the publication date, we got some advance praise on the Internet and in print media.

## Are you a reader of fantasy?

Well, as a historian, I read mostly nonfiction. Since I have limited hours, I have to keep abreast of history books.

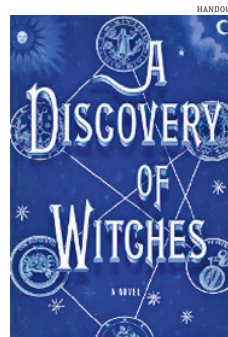
## In A Discovery of Witches, they're academics. How do you make it seem sexy?

Academia can be really dry and stuffy but it's not

always the case. Libraries are magical; it's a place where infinite possibilities can happen. I just took that idea to the last degree.

Reading and knowing things is sexy — I'm gratified knowing that my readers think nerds are sexy.

► DOROTHY ROBINSON



Probe of illnesses finds bacteria at Playboy Mansion; other causes not ruled out. Scan for story.

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## Click with royals



► Prince William and Kate Middleton will marry on April 29.

► Royal officials launch website for Prince William's April wedding to Kate Middleton ► Site hosted by Google App Engine to handle traffic

They've got the carriage, the abbey and a national holiday in their honour. Now Prince William's marriage with Kate Middleton is getting what every young engaged couple really needs — a wedding website.

Tech-savvy couples the

world over set up websites to feature their nuptials. Such sites give guests a handy way to get directions, browse photos, buy gifts or even choose music.

Although Internet users aren't likely to get much say in the royal reception's playlist, fans will find pho-

tos, updates, videos and more on officialroyalwedding2011.org, a site that Prince William's office, St. James' Palace, says may be used to livestream the event itself.

Much of the site consists of content from the royals' existing social media ven-

tures, such as the British Monarchy's Facebook site.

But officials are promising exclusive content about the wedding, including that most coveted detail of all — Middleton's gown — when they are made public.

THE ASSOCIATED PRESS

## Elton and hubby get invite after all

It turns out Elton John and husband David Furnish will be attending the upcoming royal wedding after all.

"We do have an invitation," John says in an interview with CTV. "I've been trying to be discreet."

But now that it's out in the open, he's happy to discuss the happy couple, saying that Kate Middleton

"isn't Diana in personality," referring to her shyness. "They have been together a long time, and I think she has handled the pressure so much."

He also hopes Prince William's rise to power comes sooner rather than later. "I think we need young people like him to lead," he says.

METRO

## Suspect arrested in attack on royals' car

Police in London have arrested a man suspected of participating in an attack on a car carrying Prince Charles and his wife, Camilla, in December.

Metropolitan Police said they arrested a 34-year-old man yesterday on suspicion of violent disorder and criminal damage



► Charles and Camilla

in connection with a student protest on Dec. 9.

The couple's car was surrounded by protesters who hit the car with objects including bottles.

THE ASSOCIATED PRESS

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# Police take kids away from Sheen

► Estranged wife says actor threatened her ► Court order requires Sheen to stay away from Mueller, twins

Charlie Sheen's estranged wife, Brooke Mueller, obtained a restraining order to keep the actor away from her and their sons because she was afraid of threatening statements he had made in recent days, including threatening to stab her with a pen.

The order prompted police to take the twins from Sheen's Hollywood Hills home Tuesday night and return them to Mueller.

She told the court in a filing that Sheen had also refused to return the boys to her. The order, filed

Tuesday and obtained by The Associated Press, requires Sheen to stay 100 yards away from Mueller and their twin sons, Max and Bob.

Sheen has rarely seen the boys in the past year, but took them on Saturday and refused to return them.

According to a sworn declaration filed in the case, Mueller said Sheen told her in a phone call Sunday night, "I will cut your head off, put it in a box and send it to your mom."

She also claimed that

Sheen threatened to stab her in the eye with a pen, and that he spit on her feet and punched her on the arm during a recent trip to the Bahamas.

"I am in great fear that he will find me and attack me and I am in great fear for the children's safety while in his care," Mueller wrote.

Earlier, on the Today show, Sheen said he was "very calm and focused" about having the children taken away but was ready to fight to get them back.

THE ASSOCIATED PRESS



► Charlie Sheen and Brooke Mueller in happier times.

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\*Scotiabank, SCENE LP and Cineplex Entertainment LP are in no way affiliated or associated with the Toronto International Film Festival, the Sundance International Film Festival or the Venice International Film Festival. The Contest commences at 12:01 a.m. (ET) on January 31<sup>st</sup>, 2011 and ends at 11:59 p.m. (ET) on March 20<sup>th</sup>, 2011. No purchase is necessary. To enter this Contest, members must register online at [www.scene.ca/promo/filmfest](http://www.scene.ca/promo/filmfest). To complete this registration, entrants must successfully answer a mathematical skill-testing question. There will be 3 Grand Prizes awarded each consisting of a trip for the winner and a guest to one of the locations below. The 1<sup>st</sup> grand prize is a trip for 2 to Venice in 2011 (ARV \$12,000 CDN). The 2<sup>nd</sup> grand prize is a trip for 2 to Utah in 2012 (ARV \$12,000 CDN). The 3<sup>rd</sup> grand prize is a trip for 2 to Toronto in 2011 (ARV \$12,000 CDN). Also, there are one thousand (1000) Secondary Prizes consisting of 1000 SCENE points each (ARV of \$10 CDN). Chances of winning depend on the total number of eligible entries received during the Contest Period. The Contest for the Grand Prizes is open to all residents of Canada who have reached the age of majority by the end of the Contest Period. The Contest for the Secondary Prizes is open to all residents of Canada who have reached the age of 14 by the end of the Contest Period. Entrants can earn one (1) entry each time they use their SCENE membership card to earn or redeem points and two (2) entries for each time they make a qualifying purchase using a SCENE™ ScotiaCard® or a Scotiabank SCENE™ VISA® card. For full Contest details go to [www.scene.ca/promo/filmfest](http://www.scene.ca/promo/filmfest).

## Prince gets served

A New York City law firm says Prince owes more than \$700,000 in legal fees for services that include helping to settle financial obligations to his former wife.

The law firm is suing the Purple Rain singer in state Supreme Court in Manhattan.

Patterson Belknap Webb & Tyler says in a lawsuit filed Tuesday the musician failed to pay the firm for handling cases in Ireland, California and New York.

It also says it wasn't paid for representing him in his divorce. The law firm says he has paid \$125,000.



► Prince

A call to Prince's Paisley Park Enterprises Inc. in Minnesota went unanswered Tuesday night.

THE ASSOCIATED PRESS

## Bieber's famous locks fetch hair-raising price for charity

Justin Bieber's legions of fans can no longer say the teen sensation's famous hair is priceless.

A lock of Bieber's hair that was salvaged from his recent haircut sold for US\$40,668 yesterday, with the winning bid coming from the online casino GoldenPalace.com.

The hair was enclosed in a Plexiglas box signed by the Stratford, Ont., singer.

The auction was inspired after talk show host Ellen DeGeneres tweeted that she wanted a lock of Bieber's hair for

her birthday.

The two-time Grammy nominee then appeared on her show to deliver the gift.

Proceeds from the auction will go to the Gentle Barn Foundation, a nonprofit organization that provides a safe haven for abused children and farm animals.

GoldenPalace.com has won similarly high-profile auctions in the past, including the purchase of Montreal-raised TV star William Shatner's kidney stone.

THE CANADIAN PRESS



► Justin Bieber

## Richards' daughter arrested

New York City police say Keith Richards' daughter has been arrested after she was allegedly seen painting graffiti on the side of a building in Manhattan.

Authorities say 25-year-old Theodora Richards was arrested on graffiti and drug charges after officers noticed her painting the letters "T-N-A" on the side of a building in the swank SoHo section of Manhattan on Tuesday evening. No other arrests were made, though it's not clear if she was alone at the time.

THE ASSOCIATED PRESS



## Aguilera needs rehab: Friends



▶ Christina Aguilera

After her arrest for public intoxication, Christina Aguilera's friends are reportedly begging the singer to go into rehab, according to TMZ.

"Maybe when she was married she was able to keep it under wraps, but it's out in the open now," a source says of Aguilera's drinking, adding that before her arrest, the singer has blown off any requests for her to seek treatment.

As for her arrest, Aguilera doesn't have much more legal trouble to worry about. "We have no desire to prosecute," a law enforcement spokesman tells People magazine.

"When she was able to navigate and to think on her own and make her own way, she was released." ● METRO

# Katie sues over drug use story

- ▶ Magazine says it stands behind story
- ▶ Holmes calls it 'beyond the pale'

Katie Holmes has filed a libel suit against Star magazine for publishing a cover story insinuating she is a drug addict, according to Popeater.

"Of all the fabricated stories that continue to be published about me, this instance is beyond the pale," Holmes says in a statement.

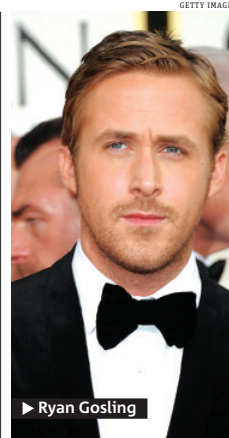
"The publisher knew this outrageous story was false and printed it anyway to sell magazines."

For its part, the magazine is sticking to its story. "We have not been served with any papers yet, however Star fully stands behind the editorial integrity of what we have published," a rep for the magazine says.

● METRO



▶ Katie Holmes



▶ Ryan Gosling

## Ryan Gosling having a Wilde time?

Olivia Wilde and Ryan Gosling have been spotted out and about together, prompting speculation that the two actors are dating, according to Us Weekly.

The pair was reportedly spotted walking hand-in-hand and smiling at an aquarium in Cincinnati, though a fan-recorded video of the sighting was later removed from YouTube.

Wilde recently separated from her Italian prince husband, Tao Ruspoli. "She wanted to get divorced for the typical Hollywood reasons," a source says. "Her career exploded, and she saw being married as not much fun." ● METRO

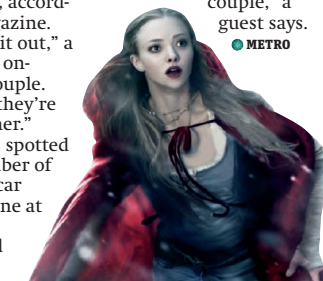
## Not so broken up

Though they reportedly split up last month, Amanda Seyfried and Ryan Phillippe are still very much dating, according to People magazine. "They're figuring it out," a source says of the on-again, off-again couple. "When it's good, they're really good together."

The couple was spotted together at a number of parties during Oscar week, including one at the Soho House, where they stayed on the patio most

of the time before leaving together. "Amanda seemed a bit uneasy but they were very much a couple," a guest says.

● METRO



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## Banff Fest to honour comic Eugene Levy

Canadian funnyman Eugene Levy is getting an award of excellence at the Banff World Media Festival.

The veteran actor and comedian will be honoured at the upcoming industry forum in June, where he will also host a master class dis-

cussing his lengthy career.

Levy's esteemed run in film and TV started on SCTV, where he honed a dry comic style that carried him on to memorable roles in blockbuster Hollywood comedies.

THE CANADIAN PRESS

## Beyoncé donated Gadhafi cash

Beyoncé says she donated money she received for performing for the Gadhafi clan to Haiti relief efforts more than a year ago.

The superstar made the revelation in a statement yesterday.

Her announcement comes days after singer Nelly Furtado tweeted that she had gotten \$1 million from the Gadhafi clan to perform in Italy in 2007. Furtado says she's donating that money to charity.

Beyoncé's publicist says she performed at a private party on the island of St. Barts in 2009. Once it was revealed the performance was linked to the Gadhafi family, she gave the money to earthquake relief in Haiti. Libyan leader Moammar Gadhafi is being investigated for possible war crimes. THE ASSOCIATED PRESS

### Celebrity tweets



**Charlie Sheen**  
[@charliesheen] Just got invited to do the Nancy Grace show... I'd rather go on a long road trip with Chuck Lorre in a '75 Pacer....



**Lance Armstrong**  
[@lancearmstrong] Just got to Portland. What's up w/ this weather?.



**Lindsay Lohan**  
[@LindsayLohan] Great creative meeting today.... but why is it so cold in LA? lol



**Steve Martin**  
[@SteveMartinToGo] Doing a sit-up in preparation for my Catwoman role. ● METRO



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The Renovation Store: 12049 - 127 St  
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Your Mobile: 11729 Jasper Ave

3  
lifeJay Manuel to  
debut collection

Canadian Jay Manuel is putting his own stamp on fashion by heading up a new collection for Sears Canada. The America's New Top Model personality and Canada's Next Top Model host has signed on as creative director of Attitude Jay Manuel, the retailer's private label collection. Manuel will be involved in all aspects of the collection including product development and design.

THE CANADIAN PRESS



'La scandale Galliano' casts pall over start of Paris Fashion Week. Scan or visit metronews.ca for story.

- The world's fashion elite touched down in Milan this past week for MFW 11/12  
► Here are five stand-out shows that reminded us that la vita (e la moda) è bella!

# Milan runway roundup

**KENYA HUNT**  
METRO WORLD NEWS

TULLIO M. PUGLIA/GETTY IMAGES


**ALBERTA  
FERRETTI**

Gone were the wispy, romantic Talitha Getty-inspired dresses from last season. Alberta Ferretti took her collection to a more structured, 60s inspired place for fall with tent-shaped dresses and coats in jewel tones (an emerging trend for Milan?) and tailored trouser and A-line top pairings. The show was also high on shine factor (metallic coats, shimmery sequined dresses and crystal embroidered frocks), which has proven to be a major trend for autumn/winter 2011. Her floaty chiffon evening gowns that closed the show were exquisite and seasonless.

VITTORIO ZUNINO CELOTTO/GETTY IMAGES


**D&G**

The slightly bohemian collection was softer and quieter than the gold glamazons they created last season, but it was similar in that layering played a big part. Models paraded in front of a front row that included Kanye West and Sofia Coppola in long wool, cinched waist swing coats worn over slightly longer, floaty dresses. When it was all said and done, the collection left no question of the sisters' maturing craftsmanship.

TULLIO M. PUGLIA/GETTY IMAGES


**GUCCI**

Frida Giannini kicked Milan Fashion Week off with '70s silhouettes (wide-leg trousers, knee-length coats with massive fur collars and floaty maxi dresses) that dominated her collection last season. This time, she worked with a colour palette of jewel tones such as emerald green, ruby and amethyst. Her brazenly glamorous daywear and red carpet perfect evening wear seemed to fall right in line with the trend for luxury that started in the New York shows. Then again, this is a look that the Milanese have always owned.


**FENDI**

If trapeze and tent shapes are a major outerwear message for autumn in Milan, then Karl Lagerfeld must have authored that memo. His collection with its subtle sense of English countryside chic had a grown-up sophistication and a youthful edge. It was both glamorous and sporty. The show began with knee-length coats and jackets that swung away from the body in olive, navy and khaki and then segued into beautifully constructed, shaggy coats. A palette of unexpected colour combos (sapphire blue, saffron and olive; yellow, maroon and brown) added to the visual excitement of it all.

ELISABETTA VILLA/GETTY IMAGES


**BRIONI**

A runway show is nice and all. But for most women, the shopping decisions happen on the salesroom floor, touching the clothes on the rack. Brioni's Alessandro Dell'Acqua created a collection that was filled with those kinds of wearable pieces that make an impact in the store. They incorporated some of the season's trends, but in a subtle, wearable way that won't turn you into a fashion victim: a timeless cashmere sweater updated with ribbing, tailored trousers in a slightly subdued version of the It-colour fuchsia, and a shimmery silk georgette dress embellished with small pyrite stones.

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# DIY: 8 simple steps for the tap

► There's no need to pay \$100 an hour to a plumber when you can just do the job yourself

## DIY IDEAS

JIM CARUK  
HOME@METRONEWS.CA



You lay awake at night and all you can hear is the drip, drip, drip of a leaky tap.

"Honey, when are we gonna fix that?" (Translation: When are you going to learn how to replace a washer.) Or how about the dreaded, "Honey, the toilet won't flush."

These are among the simplest plumbing jobs you can ever learn. But what do you do? You hire a plumber, at maybe a \$100 an hour, including travel time. Plus materials. Ouch!

Although I don't have the space for a detailed plumbing how-to, let me reassure you of one thing. You can stop that dripping



tap in less than an hour. New taps? A few hours.

Fixing a washer is a simple matter of (1) shutting off the water supply; (2) opening up the tap to drain the water out of the system; (3) using a flathead screwdriver to pry off the decora-

tive cap; (4) removing the screw underneath; (5) removing the handle and the brass nut on the top of the "stem"; (6) taking the stem to your local hardware store and; (8) having them sell you a new black rubber washer (or sometimes, a

pack of different sizes).

Back it all goes, in reverse order, and you have now become the man (or the woman) of the house.

If there are other parts of the stem that need replacing, like the o-rings (which, if worn out, can make the

handle itself leak), they will sell you those, too. These minor procedures are saving you a \$100 an hour.

And they will earn you some significant respect (hopefully!) from your opposite number. If it's new taps you need, or a new toi-

let or showerhead, why not sign up for the Home Plumbing Essentials course we offer at our BIY Workshops (biyworkshops.com). We will show you the professional way to do it all. **JIM CARUK, HGTV HOST, HAS BEEN A RENOVATION CONTRACTOR FOR MORE THAN 30 YEARS.**

## 'Not a hoarding show'

Clutter clean-up king Peter Walsh says he's got a soft spot for Canadian fans, noting they've proven to be among his most dedicated neat freaks.

"I don't know what it is about Canadians but they love their TLC, their home makeovers, their what's-happening-in-people's-homes kind of shows," Walsh says by phone from Los Angeles.

"I've always been incredibly welcomed in Canada and, in fact, Canada is the only place where I've had to leave a public forum because I had fans chasing me."

The Australian organizational guru recalls a visit to Toronto three years ago when a trip to the mall turned into an impromptu meet-and-greet with fans.

"As I was trying on a pair of pants in the changing room I could hear people saying, 'No, it's definitely him. I'm sure it's him. No, it's him,'" he recalls.

"And I came out of the change room and there were about 20 people standing there wanting an autograph. It was hilarious on the one hand and a total freakout on the other."

Walsh endeared himself to untidy TV addicts as part of TLC's former makeover series Clean Sweep, in which a group of design ex-



► Peter Walsh

perts transformed an overwhelmed homeowner's space into a serene retreat.

Now he's helming his own series, Enough Already! with Peter Walsh on OWN: Oprah Winfrey Network, which officially launched in Canada this week. OWN has been airing in the U.S. since Jan. 1.

Here, the focus is on

helping people rid their homes of clutter and in getting pack rats to deal with the underlying issues that keep them buried by belongings. Stories include a mom with a quilting hobby whose fabric and material take over so much of the family home her grandchildren can no longer visit, and a relentless bargain hunter whose mounting purchases threaten the survival of her marriage.

Canadians got a taste of Enough Already! back in January when W Network aired one episode as part of an OVN preview.

Enough Already! with Peter Walsh begins airing regularly on OVN on Thursday before settling into its regular time slot on Mondays.

THE CANADIAN PRESS

### Oprah's influence

► Finding everyday inspiration is a big part of programming at OVN, where Winfrey has stocked the schedule with series revolving around her rousing mantra: "Live your best life."

► Other Winfrey-endorsed experts doling out life advice on the network include money maven Suze Orman, sex therapist Dr. Laura Berman and psy-

chologist Dr. Phil McGraw. Walsh, who says his show has already been renewed for a second season, says Winfrey's uplifting values are also guiding principles for Enough Already!

► "Anytime you're working with Oprah, anytime you're working with her organization, the one question that is constantly asked is: 'What is our intention? What is our intention here?'" says Walsh.

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# Dining

## by the rules

► Karl Lohnes offers some subtle ways to improve the look of your dining room

### DESIGN CENTRE



KARL LOHNES  
HOME@  
METRONews.ca

With winter looking like it's lingering longer than I hoped for, I've decided to hold a few more Sunday

night dinner parties.

It's a great way to keep in touch with friends before patio season. With more emphasis on the dining area, there are many considerations to make — size, shape and style are all equally important.

The most common decorating mistakes in dining rooms are often to do with size, proportion and comfort level. Here are a few suggestions to help.

#### Table shape

The best way to choose the

shape of your table is to follow the shape of the space you've put aside for dining. If rectangular in shape then choose an oval or rectangular-shaped table. If square, then a round or square-shaped table will fit best.

Keep in mind that the table needs three feet of clearance on all sides

Drum shade lighting is a modern way to add interest over the dining table. Rossini Pendant; sears.ca.

to fit comfortably into the dining area. The most perfect dining table is a 54-inch pedestal-based round table with a leaf extension. Round can generally fit more people (no corner to contend with) and the pedestal base means no legs to accommodate either.

#### Chair style

In order to get away from the "matchy" look that our parents had I suggest dining chairs that look different from the table. My favourite trick is to add modern chairs to a traditional style table or vice versa. A Parson style chair



► Mixing and matching colours can add pizzazz around a dining table. Cody dining chair; westelm.com.

with an upholstered seat and back tend to be the most comfortable and can easily be transported as side chairs or extra seating in other rooms. The lower the back of the chair, the more modern the chair

style generally is.

#### China cabinets

Remember that adding a large cabinet to your dining room will most likely offset the centre of the room (this often results in swagging

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### Townhomes from the \$260's

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Landmark Communities	780.702.3124
Park Homes	780.701.5616

### Single Family Detached Garage from the Mid \$300's

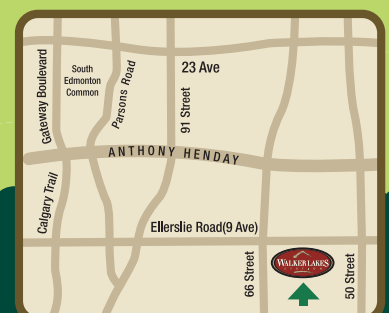
Lincolnberg Homes	780.472.8144
Landmark Legacy Homes	780.702.8939

### Duplex from the Mid \$300's

Greenboro Homes	780.702.6193
Lincolnberg Homes	780.995.8842
Sterling Homes	780.756.6029

### Single Family Homes from the \$350's

Cameron Homes	780.297.9486
Greenboro Homes	780.702.6193
Lincolnberg Homes	780.634.1129
Sterling Homes	780.756.0723
Pacesetter Homes	780.756.6302



www.walkerlakes-station.com





► Round pedestal tables create flexible seating in small spaces. Orion Dining Table; crateandbarrel.com.

your chandelier to re-centre itself over the dining table).

The trend these days is to choose a long and low credenza style cabinet. It acts as a great storage centre, its top is at a re-

spectable height to be used as a server, and will not intrude in the room as a taller, bulkier traditional cabinet might.

#### Area rugs

I am not always a fan of

placing an area rug under the dining table — it's a warzone for spills, drips and wear and tear from chair legs.

The right sized rug is important; make sure the rug is 18 to 24 inches larger on

all sides of the table. The chairs must be sitting well on the rug when pushed in at the table.

Consider an area rug that has a plain centre and decorative border that will frame up the table and

chairs nicely.

#### Chandelier

I am a big fan of matching the chandelier not to the table or chair styles but the environment. If you live in a modern condo then choose a modern-style. If you live in an arts and crafts home then choose arts and crafts as your style for a chandelier. Measuring

for the right size is easy. Your chandelier's diameter should be two inches for every foot of width in the dining space (if you have a 10-foot wide dining area, you get a 20-inch diameter chandelier). Hang your chandelier 30 to 36 inches above the top of the table and of course install a dimmer switch to create a relaxing mood.

## The dream is alive and it's living in Leduc

It's actually do-able. For the same money, you'll get a nicer house on a better lot, in a finer neighborhood, in an altogether more livable city.

It's the perfect place to put down roots and grow a family. The air is cleaner and the streets safer, and everything you need is nearby, all the amenities you could ever hope for: from shopping to schools, to restaurants, to playgrounds, to rec centers, to hospitals, to you name it.

It's all here, less than 15 minutes from Edmonton.



BuildwithusLeduc.com



## Maple-Garlic Roasted Parsnips



In this recipe for garlic-maple roasted parsnips, maple syrup serves as deliciously sweet coating.

If parsnips aren't your thing, feel free to substitute carrots, beets or other root vegetables.

## Ingredients:

- 1 kg (2 lb) parsnips, peeled and cut into 2.5-cm (1-inch) pieces
- 4 cloves garlic, chopped
- 6 ml (1 1/4 tsp) salt
- 45 ml (3 tbsp) maple syrup, or more to taste
- 15 ml (1 tbsp) olive oil
- 5 ml (1 tsp) ground black pepper
- 30 ml (2 tbsp) granulated maple sugar

## Preparation:

- 1 Heat oven to 180 C (350 F). Line a rimmed

baking sheet with parchment paper.

- 2 In a large bowl, combine parsnips, garlic, salt, maple syrup and oil. Toss well to coat, then transfer to prepared baking sheet, arranging parsnips in an even layer.

- 3 Bake for 45 minutes or until tender and starting to brown. During roasting, stir parsnips every 15 minutes for even browning.

- 4 In small bowl, mix together black pepper and maple sugar. Sprinkle over parsnips, then return them to the oven for another 5 minutes.

THE ASSOCIATED PRESS

## It's maple season — eh!

► The quintessential Canadian sap is for more than just drizzling over pancakes ► Try these salmon and parsnip recipes for a sweet touch at dinner

With sap flowing from the trees, salmon is a perfect pairing for it. The fish's rich, savoury side is nicely complemented by the gentle sweetness of maple syrup.

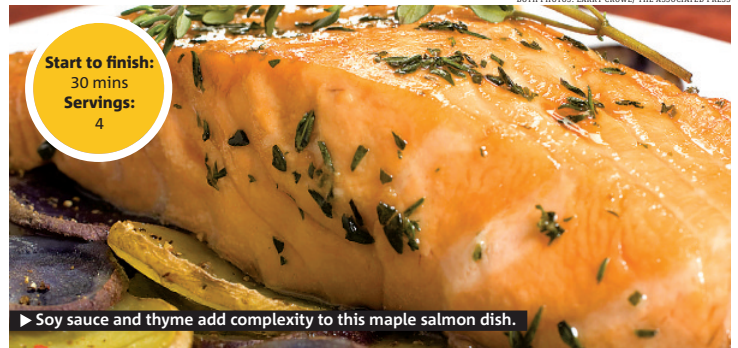
To add a bit more complexity to Maple-Thyme Poached Salmon dish, thyme and soy sauce are added to the maple syrup.

The meal is served over skillet-roasted potatoes.

## Preparation:

- 1 Heat oven to 180 C (350 F).

- 2 In ovenproof skillet over medium-high, heat oil, swirling to coat pan. Arrange potato slices over bottom of skillet, overlapping and layering. Sprinkle potatoes with salt and black pepper. Cook 5 minutes, then transfer to oven and cook until tender, about 20 minutes.



BOTH PHOTOS: LARRY CROWE/ THE ASSOCIATED PRESS

Start to finish:  
30 mins  
Servings:  
4

► Soy sauce and thyme add complexity to this maple salmon dish.

- 3 Meanwhile, cook salmon. In a sauté pan, stir together maple syrup, soy sauce and thyme. Heat over medium until just bubbling around edges.

- 4 Add salmon fillets and cook for 3 to 4 minutes for salmon that is 2.5 cm (1 inch) thick. Use a spatula to turn salmon fillets over and cook for

another 4 minutes or until just barely pink at middle and beginning to flake. Use a slotted

spatula to remove from pan. Serve with potatoes.

THE ASSOCIATED PRESS

## Ingredients:

- 30 ml (2 tbsp) vegetable or canola oil
- 750 g (1 1/2 lb) new potatoes, very thinly sliced
- Salt and ground black pepper, to taste

- 250 ml (1 cup) maple syrup
- 50 ml (1/4 cup) soy sauce
- 15 ml (1 tbsp) chopped fresh thyme
- 1 kg (2 lb) salmon, trimmed, skinned and cut into 4 fillets



## Retire your ride before time runs out.

Retire Your Ride rewards Canadians for recycling their older polluting vehicles — but the program ends March 31st. Don't miss your chance to get cash, transit passes or more. If your vehicle's model year is 1995 or older, visit [RetireYourRide.ca](http://RetireYourRide.ca) or call 1-877-PRE-1996 today.

THE LUNG ASSOCIATION  
New Brunswick & Labrador

AOLPA

THE LUNG ASSOCIATION  
Manitoba

THE LUNG ASSOCIATION  
Ontario

Retire Your Ride  
Canada's Vehicle Recycling Program

THE LUNG ASSOCIATION  
Quebec

Climate Change Central

Clean Nova Scotia

SEAP

Canada

Summer

From computers to chords,  
We're CELEBRATING 20 YEARS of  
making everything easier.

Participating Retailers

Save 30% on ALL Dummies books.

Chapters Indigo COLES

Offer expires on April 3rd, 2011

\*30% off sale is valid until April 3, 2011 in-store only at any Chapters, Indigo, Coles, Smithbooks, IndigoSpirit, The Book Company or World's Biggest Bookstore location, while quantities last. Product selection may vary between stores. Not valid in conjunction with any other offer or promotion (excluding everyday rewards discount). Rewards discount is applied after discount value is deducted. Not valid online or on book orders. We reserve the right to change or end this offer at any time without notice.

20  
DUMMIES

WILEY  
Now you know.



# Nordic. Relay victory



► Alex Harvey, left, and Devon Kershaw of Canada pose with their gold medals.

POOL/GETTY IMAGES

## Canadians win skiing gold in photo finish

Canada's Alex Harvey and Devon Kershaw skied into the record books yesterday with a photo-finish win over Norway in the men's classical-style team sprint at the Nordic world skiing championships. Harvey edged Ola Vigen Hattestad at the line to earn Canada its first medal in men's competition at the world championships. The only other Canadian cross-country skier to win a medal at the world championships is Sara Renner of Canmore, who took bronze in a classic-ski sprint race in 2005. **THE CANADIAN PRESS**

# Deadline looms for NFL, players

► The CBA runs out at midnight tonight, and among the possibilities are that the owners lock out the players or that the union decertifies ► Either way, the season could be lost

NFL owners ended their special labour meeting last night without taking any action, just 30 hours before the collective bargaining agreement with the players expires.

"I'm going home," Patriots owner Robert Kraft said when asked if he would attend further mediation sessions.

Most of the owners left a suburban Washington hotel last night after a

three-hour meeting, cancelling another session scheduled for today. The owners are not required to take a lockout vote. That authority has been given to the NFL's labour committee, which met with the union in mediated talks.

NFL spokesman Greg Aiello said more mediation sessions were expected.

"The committee has not made any decision as to

what will happen upon expiration of the current agreement if we don't have a new one by tomorrow night," Aiello said.

After the labour committee finished its own meeting an hour later, Cowboys owner Jerry Jones echoed Kraft:

"We can't comment, and even more so we're certainly still involved in our dialogue, and so there is no comment," Jones

said. Asked if he would take part in more mediation, Jones added: "No, I'm going back to Dallas."

Indianapolis Colts owner Jimmy Irsay said the owners welcomed the opportunity to be updated on negotiations, but there was

**"We're talking. It's better than not talking."**

PLAYERS' UNION PRESIDENT  
KEVIN MAWAE

little reason for them to remain in Washington as the deadline approaches.

"We had the chance to ask questions, but we didn't break with a lockout vote or anything like that," Irsay said.

Earlier yesterday, a large group of owners and players' union president Kevin Mawae participated in mediated contract talks for the first time.

**THE ASSOCIATED PRESS**

## New health woes sideline Serena

Serena Williams' absence from tennis could stretch to almost a year after two new health scares — a blood clot in her lungs followed by a hematoma — have added to her injury woes.

Her agents confirmed yesterday that Williams was diagnosed with a pul-

monary embolism last week and later needed treatment for a hematoma.

The 13-time Grand Slam champion hasn't played an official match since winning Wimbledon last July because of a foot injury she sustained at a restaurant.

**THE ASSOCIATED PRESS**

## Packers release Hawk

The Green Bay Packers have released linebacker A.J. Hawk after the former first-round pick was scheduled to earn \$10 million US in 2011. Hawk was the fifth overall pick of the 2006 draft.

**THE ASSOCIATED PRESS**

## Vick signs deal with Philadelphia

Michael Vick has signed a one-year contract with the Philadelphia Eagles.

The Pro Bowl quarterback was designated as the team's franchise player Feb. 15. He signed the franchise tender yesterday.

Under the rules of the collective bargaining

agreement that expires at midnight tonight, a team must pay a franchise player the average of the top five salaries at his position.

Vick would make an estimated \$20 million US under this tag.

**THE ASSOCIATED PRESS**

# 4

sports

### Oilers preview

**Blue Jackets at Oilers**  
7 p.m.  
TV: SNET-W  
Radio: 630 CHED



Although Columbus (31-24-7) sits 12th in the Western Conference standings, they're just five points out of a post-season berth. The Blue Jackets will be leaning on offensive dynamo Rick Nash to take advantage of Edmonton and keep them within range of Los Angeles, Nashville, Minnesota and Anaheim.



Edmonton (21-35-8) hasn't been statistically eliminated from the playoffs yet, but it's only a matter of time. The Oilers instead are making sure rookies like Magnus Paajarvi, Jordan Eberle, Taylor Hall and shootout specialist Linus Omark see plenty of ice time.

**THE CANADIAN PRESS**



Scan code for more sports

## NATIONAL HOCKEY LEAGUE

## EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	62	40	16	3	3	203	159	86	20-8-1-2	20-8-2-1	6-3-1-0	L1
d-Boston	63	37	19	2	5	195	148	81	15-12-1-2	22-7-1-3	6-4-0-0	W6
d-Tampa Bay	63	37	19	3	4	192	192	81	21-7-1-3	16-12-2-1	5-3-0-2	L1
Pittsburgh	65	37	21	4	3	189	162	81	20-11-2-0	17-10-2-3	3-4-2-1	L1
Washington	64	34	20	5	5	170	162	78	18-8-2-5	16-12-3-0	5-5-0-0	W2
Montreal	64	34	23	4	3	168	165	75	20-8-3-3	14-15-1-0	4-4-0-2	W2
NY Rangers	65	33	28	2	2	181	160	70	14-16-1-2	19-12-1-0	4-6-0-0	L2
Carolina	64	30	25	4	5	186	194	69	17-10-1-2	13-15-3-3	4-4-1-1	W1
Buffalo	62	30	25	6	1	179	179	67	14-15-2-1	16-10-4-0	5-3-1-1	W1
Toronto	64	28	27	4	5	167	195	65	15-11-3-4	13-16-1-1	5-1-2-2	W1
Atlanta	64	26	27	4	7	179	208	63	14-13-1-5	12-14-3-2	2-6-1-1	L1
New Jersey	63	28	31	3	1	134	165	60	14-13-2-1	14-18-0-1	9-4-0-0	W2
Florida	63	26	30	3	4	160	173	59	12-12-3-3	14-18-0-1	3-6-1-0	L2
NY Islanders	65	24	32	5	4	177	207	57	13-15-1-3	11-17-4-1	5-3-2-0	W1
Ottawa	63	21	33	5	4	143	201	51	11-17-2-3	10-16-3-1	4-5-0-1	L1

## WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	64	40	15	4	5	210	151	89	23-6-1-4	17-9-3-1	5-5-0-0	W1
d-Detroit	63	39	18	4	2	213	183	84	17-10-3-1	22-8-1-1	7-3-0-0	W2
d-San Jose	64	37	21	4	2	180	163	80	16-10-2-1	21-11-2-1	9-1-0-0	W7
Chicago	64	35	23	2	4	208	178	76	20-14-0-0	15-9-3-3	7-1-0-2	W6
Phoenix	65	33	22	6	4	186	189	76	15-11-3-2	18-11-3-2	6-3-0-1	U4
Calgary	64	33	24	3	6	200	188	75	10-10-1-3	14-14-2-3	5-3-1-1	L1
Los Angeles	63	34	24	2	2	178	156	74	19-10-4-0	16-14-1-2	6-2-1-1	L1
Dallas	63	34	23	2	4	174	177	74	18-9-2-3	16-14-0-1	4-5-1-0	W3
Nashville	64	32	23	5	4	162	153	73	17-9-4-3	17-16-1-1	4-4-1-1	L1
Minnesota	64	33	25	1	5	166	170	72	16-13-0-3	17-12-1-2	4-5-0-1	L2
Anaheim	63	33	25	3	2	176	186	71	18-10-1-1	15-15-2-1	5-4-1-0	W1
Columbus	62	31	24	3	4	171	183	69	16-13-0-2	15-11-3-2	5-3-0-2	L2
St. Louis	63	28	26	4	5	173	186	65	18-11-1-3	10-15-3-2	4-6-0-0	L2
Colorado	64	26	30	7	1	184	219	60	14-15-4-0	12-15-3-1	1-7-1-1	L4
Edmonton	64	21	35	1	7	160	212	50	11-19-1-3	10-16-1-3	5-5-0-0	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

## Last night's results

Toronto 3 Pittsburgh 2 (OT)  
Chicago 6 Calgary 4

New Jersey 2 Tampa Bay 1

N.Y. Islanders 4 Minnesota 1

Detroit at Anaheim

## Tuesday's results

Calgary 6 St. Louis 0

Montreal 3 Atlanta 1

Edmonton 2 Nashville 1 (SO)

Vancouver 2 Columbus 1 (SO)

Boston 1 Ottawa 0

Buffalo 3 N.Y. Rangers 2

Carolina 2 Florida 1

Dallas 3 Phoenix 2

San Jose 2 Colorado 1 (SO)

Washington 2 N.Y. Islanders 1 (OT)

## Tonight's games

## All Times Eastern

Tampa Bay at Boston, 7 p.m.

Minnesota at N.Y. Rangers, 7 p.m.

Toronto at Philadelphia, 7 p.m.

St. Louis at Washington, 7 p.m.

Buffalo at Carolina, 7 p.m.

Ottawa at Atlanta, 7 p.m.

Montreal at Florida, 7:30 p.m.

Columbus at Edmonton, 9 p.m.

Nashville at Vancouver, 10 p.m.

Phoenix at Los Angeles, 10:30 p.m.

Detroit at San Jose, 10:30 p.m.

## MAPLE LEAFS 3, PENGUINS 2 (OT)

## First Period

1. Pittsburgh, Niskanen 1 (Lovejoy, Dupuis) 6:52

2. Toronto, Kulemin 23 (MacArthur, Grabovski) 14:04

**Penalties** — Letang Pgh (holding) 0:13, Phaneuf Tor (interference) 4:43, Engelland Pgh (high-sticking) 9:05, Aulie Tor (cross-checking) 18:33, Neal Pgh (slashing) 19:17.

## Second Period

3. Pittsburgh, Conner 7 (Niskanen) 6:40

**Penalties** — Pittsburgh bench (too many men; served by Conner) 0:48, Lupul Toronto (tripping) 1:51.

## Third Period

4. Toronto, Kessel 27 (Gunnarsson, Bozak) 5:07

**Penalty** — Lovejoy Pgh (tripping) 16:42.

## Overtime

5. Toronto, Grabovski 25 (Kessel, Gunnarsson) 0:42

## Penalties — None.

## Shots on goal by

Pittsburgh 8 9 12 0—29

Toronto 6 4 9 1—20

**Goal** — Pittsburgh: Fleury (28-16-5); Toronto: Reimer (W11-4-2). **Power plays (goals-chances)** — Pittsburgh: 0-3; Toronto: 0-5.

**Referees** — Kelly Sutherland, Brad Meier.

**Linesmen** — Brad Kovachik, Lonnie Cameron.

**Attendance** — 19,473 (18,819) at Toronto.

## BLACKHAWKS 6, FLAMES 4

## First Period

1. Chicago, Toews 24 (Sharp, Kane) 6:46

2. Calgary, Tanguay 18 (Iginya, Giordano) 10:36 (pp)

3. Chicago, Frolik 9 (Dowell) 18:25

**Penalties** — Toews Chi (goaltender interference) 9:58, Jokinen Cal (holding stick) 11:10, Bouwmeester Cal (holding) 18:58.

**Penalties** — Rome Vcr (illegal stick) 6:14, Upshall Cbl (double high-sticking) 15:06.

## Shootout — None.

## Overtime — No Scoring.

## Shootout — Vancouver wins 3-2

**Columbus (2)** — Nash, goal; Upshall, miss; Voracek, miss; MacKenzie, miss; Umberger, miss; **Vancouver (3)** — Tambellini, miss; Kessler, miss; Raymond, goal; D. Sedin, miss; Burrows, goal; Samuelsson, miss; H. Sedin, miss; Torres, goal.

## Shots on goal by

Columbus 13 5 11 2—31

Vancouver 8 5 10 3—26

**Goal** — Columbus: Mason (SOL22-14-3); Vancouver: Luongo (W9-12-7). **Power plays (goals-chances)** — Columbus: 0-4; Vancouver: 0-2.

**Attendance** — 18,860 (18,860) at Vancouver.

## SCORING LEADERS

	G	A	PT
D.Sedin, Vcr	32	47	79
Stankos, TB	41	37	78
St. Louis, TB	24	51	75
H.Sedin, Vcr	15	59	74
Zetterberg, Det	18	51	69
Perry, Ana	31	37	68
Crosby, Pgh	32	34	66

**Not including last night's games**

## LACROSSE

## NLL

## EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	10	8	2	.800	117	91	—
Boston	9	6	3	.667	99	81	1 1/2
Buffalo	7	4	3	.571	78	67	2 1/2
Rochester	9	4	5	.556	85	96	2 1/2
Philadelphia	9	4	5	.444	82	97	3 1/2

## WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	8	5	3	.625	91	89	—
Minnesota	8	4	4	.500	80	74	1
Washington	9	4	5	.444	115	108	1 1/2
Edmonton	9	2	7	.222	83	110	3 1/2
Colorado	8	1	7	.125	70	94	4

## WEEK NINE

## All Times Eastern

## Tomorrow's games

Philadelphia at Toronto, 7:30 p.m.

Minnesota at Colorado, 9 p.m.

## Saturday's games

Calgary at Philadelphia, 7 p.m.

Rochester at Buffalo, 7:30 p.m.

Washington at Edmonton, 9 p.m.

## Sunday's game

Buffalo at Boston, 5 p.m.

## CRICKET

## WORLD CUP

GROUP A	MP	W	T	L	Pt
Australia	2	2	0	0	4
Pakistan	2	2	0	0	4
Sri Lanka	3	2	0	1	4
New Zealand	2	1	0	1	2
Zimbabwe	2	1	0	1	2
Canada	2	0	0	2	0
Kenya	3	0	0	3	0

## GROUP B

	MP	W	T	L	Pt
India	2	1	1	0	3
England	3	1	1	1	3
South Africa	1	1	0	0	2
Bangladesh	2	1	0	1	2
Ireland	2	1	0	1	2
West Indies	2	1	0	1	2
Netherlands	2	0	0	2	0

## Yesterday's result

At Bangalore, India

Ireland (329 for seven) def. England (327-8) by three wickets.

## Today's matches

At Mohali (Chandigarh), India

South Africa vs. Netherlands

At Colombo, Sri Lanka

Pakistan vs. Canada

## Tomorrow's matches

At Ahmedabad, India

New Zealand vs. Zimbabwe

At Dhaka, Bangladesh

Bangladesh vs. West Indies

## MLB

## SPRING TRAINING

## AMERICAN LEAGUE

	W	L	Pct
Baltimore	3	0	1.000
Detroit	5	1	.833
Kansas City	3	1	.750
Seattle	2	1	.667
L.A. Angels	3	2	.600
Boston	2	2	.500
Cleveland	2	2	.500
Minnesota	2	2	.500
Oakland	2	2	.500
Texas	2	2	.500
N.Y. Yankees	2	3	.400
Tampa Bay	1	4	.200
Toronto	1	4	.200
Chicago W.Sox	0	3	.000

## NATIONAL LEAGUE

	W	L	Pct
Washington	3	0	1.000
Atlanta	3	1	.750
Colorado	3	1	.750
Milwaukee	3	1	.750
San Francisco	2	4	.333
St. Louis	2	1	.667
Cincinnati	3	2	.600
Pittsburgh	3	3	.500
Philadelphia	2	3	.400
Florida	1	2	.333
L.A. Dodgers	2	4	.333
San Diego	1	2	.333
Arizona	2	5	.286
Chicago Cubs	1	3	.250
Houston	1	3	.250
N.Y. Mets	1	3	.250

## Yesterday's results

Toronto 5 Tampa Bay 4

Arizona (ss) 5, Seattle 3

Atlanta 6 Boston 1

Baltimore 6 Philadelphia 5

Cincinnati 6 Chicago White Sox 6

Houston (ss) 6 Detroit 3

Kansas City 11 L.A. Dodgers 5

Milwaukee 12 Chicago Cubs 5

Minnesota 4 Pittsburgh 2

N.Y. Yankees 6 Houston (ss) 5

Oakland 4 Cleveland 3

San Francisco 4 Arizona (ss) 2

San Diego 7 Colorado 3

St. Louis 3 N.Y. Mets 2

Texas 10 L.A. Angels 6

Washington 8 Florida 4

## BLUE JAYS 5, RAYS 4

	Tampa Bay	ab	r	h	bi
Jennings cf	3	0	0	0	0
B.Guyer cf	1	0	0	0	0
Brignac ss	3	1	1	0	0
Bedard ss	1	0	0	0	0
Zobrist 1b	3	1	1	0	0
L.Anderson 1b	1	0	0	0	0
Joyce rf	3	0	1	0	0
R.Candler rf	1	0	0	0	0



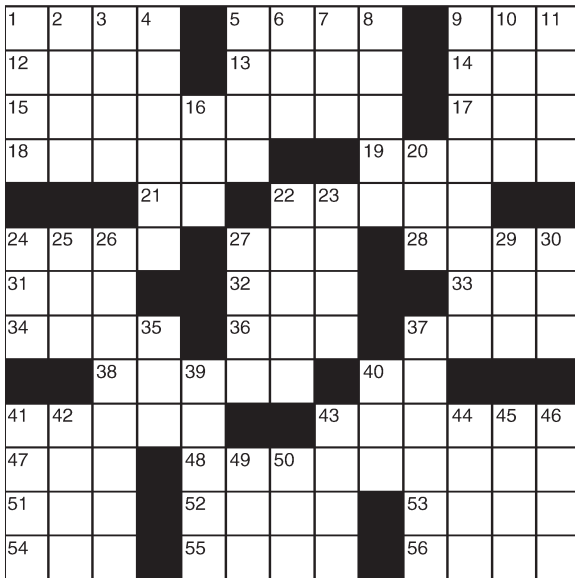
## Crossword

### Across

- 1 Recipe meas.
- 5 Con game
- 9 "Wham!"
- 12 Brewery products
- 13 Albacore
- 14 Mimic
- 15 Ambulance VIP
- 17 Scarlet
- 18 Hello, in Haifa
- 19 Coin toss call
- 21 KC's state
- 22 Time
- 24 Boston — Orchestra
- 27 1989 GM debut
- 28 Burr-Hamilton contest
- 31 Actress Gardner
- 32 Conger, for one
- 33 Exist
- 34 Imperfection
- 36 Rd.
- 37 "— Breckinridge"
- 38 Cognizant
- 40 Italian river
- 41 Man of morals?
- 43 Half-hour telecast, often
- 47 Monokini's lack
- 48 Type of baggy pants
- 51 Inventor Whitney
- 52 Falsehoods
- 53 Great Lake
- 54 Benicio — Toro
- 55 Energy units
- 56 Remainder

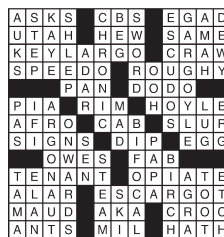
### Down

- 1 Reveille's opposite
- 2 Mediocre
- 3 Antitoxins

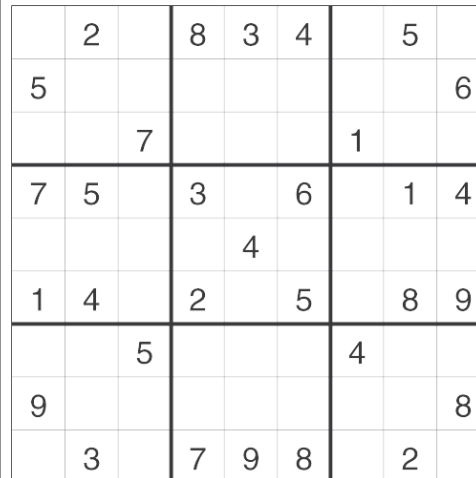


- 4 Book after Job
- 5 Goblet part
- 6 What a cow chews
- 7 Blackbird
- 8 Overly virile
- 9 South American country
- 10 Newspaper page
- 11 Marries
- 16 Cattle call?
- 20 Conclusion
- 22 Grievance
- 23 Portrayal
- 24 Manhandle
- 25 Eggs
- 26 Soar behind a mo-
- torboat
- 27 Equipment
- 29 Bobble the ball
- 30 Grazing area
- 35 Pair
- 37 "Psycho" figure
- 39 Mac maker
- 40 Snapshot
- 41 Not up yet
- 42 — Stanley Gardner
- 43 Back talk
- 44 Remedy
- 45 Singer Redding
- 46 Encounter
- 49 Melody
- 50 Bylaw, for short

### ► Yesterday's answer



## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►

4	1	3	2	6	5	9	8	7
9	6	2	7	8	4	5	3	1
8	7	5	3	1	9	4	6	2
3	8	7	5	4	6	2	1	9
2	5	9	1	3	8	7	4	6
6	4	1	9	2	7	8	5	3
5	3	6	8	9	2	1	7	4
7	9	4	6	5	1	3	2	8
1	2	8	4	7	3	6	9	5

## Send a KISS

Show some love! Send a note to somebody special at [kiss@metronews.ca](mailto:kiss@metronews.ca)

To the most beautiful girl in the world, Katie. I hope your day is filled with happiness! You're number 1. J

If I could say one thing about you, I don't know what it would be. Funny?, intelligent?, outgoing? Well, I couldn't express how much you mean to me with a single word either. I love you. Xoxoxo MICHELLE

Tony! You are the apple of my eye! You are the sunshine of my life! You spin me right round! You make my dreams come true! You are the fluff in my pillow! You know who you are! Love you forever! CHRIS B

hello hello Lulu! i just want to let you know that i am looking forward to seeing you today and every other day. you are very special to me. Miss you a lot. With love YOUR COCONUT T

## A look at the weather

TODAY	FRIDAY	SATURDAY
Min -23° Max -16°	Min -22° Max -15°	Min -24° Max -14°

### Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



## Today's horoscope

**♈ Aries** March 21-April 20 A positive attitude is essential today, as the approaching new moon in Pisces warns that your fears could easily get the better of you. Chances are nothing bad will happen.

**♉ Taurus** April 21-May 21 Someone you meet on your travels could be very important to you career-wise, so be outgoing and friendly and make a good impression. Once you've made contact and said hello, arrange a business meeting.

**♊ Gemini** May 22-June 21 The approaching new moon will boost your confidence and make it easier to take centre stage at work. Remember: It's not enough to be a star for a day — make it a way of life.

**♋ Cancer** June 22-July 22 The upcoming new moon in your fellow Water sign of Pisces will stir your sense of adventure and you'll be making all sorts of plans, but you've still got to get up out of your chair and make them happen. Start now.

**♌ Leo** July 23-Aug. 23 You seem to be worrying what other people think of you, which is unlike you. Whatever the reason, get over it because you have important things to do that are sure to draw criticism.

**♍ Virgo** Aug. 24-Sept. 22 Any worries you have about an affair of the heart will be laid to rest over the next 48 hours. The fact is you have never been more loved. No one is out to get you.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra** Sept. 23-Oct. 23 You expect people to do as you say, but that's not going to happen at the moment. No matter how independent-minded you are, you must make an effort to meet others halfway.

**♏ Scorpio** Oct. 24-Nov. 22 Follow your instincts and ignore those who say that what you are trying to do will end in tears. Maybe it will, be it won't be your tear. It will be theirs when they realize how much doubting you has cost them.

**♐ Sagittarius** Nov. 23-Dec. 21 Be decisive today, especially when dealing with family. If you give others the idea that you don't know what you are doing, they may lose confidence in you.

**♑ Capricorn** Dec. 22-Jan. 20 You may disapprove of what a friend is up to but do you have the right to tell him or her what to do? This is a time when he or she must be allowed to learn from mistakes.

**♒ Aquarius** Jan. 21-Feb. 18 You may get lucky today and get a windfall that solves your immediate money worries, but you are smart enough to know that if you are going to prosper, you need to cut back on reckless spending.

**♓ Pisces** Feb. 19-March 20 Most things are going well, but there is a cloud on the horizon and it threatens some kind of upheaval. That's OK. What's changing in your life is for the best. SALLY BROMPTON

## Caption contest



## WIN! You write it!

Write a funny caption for the image to the right and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.



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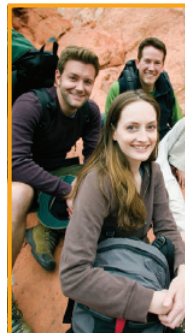
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